# Estradiol binding to cell surface raises cytosolic free calcium in T cells

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Abstract The Fura-2 method is used to examine a possible action of 17β-estradiol (E<sub>2</sub>) on [Ca<sup>2+</sup>]<sub>i</sub> of splenic T cells isolated from female C57BL/10 mice. E2 concentrations between 10 fM and 10 nM induce a rapid and dose-dependent increase in [Ca2+]i due to Ca<sup>2+</sup> influx and release of Ca<sup>2+</sup> from intracellular stores. Ca2+ influx is mediated by Ca2+ channels which are completely blockable by Ni2+ and partly by nifedipine. The antiestrogen tamoxifen does not inhibit the E<sub>2</sub>-induced rise in [Ca<sup>2+</sup>]<sub>i</sub>. Ca<sup>2</sup> influx and Ca2+ release from intracellular stores is also inducible by plasma membrane impermeable E2 conjugated to BSA. E2-BSA-FITC binds to the surface of T cells of both the CD4<sup>+</sup> and CD8<sup>+</sup> subset. Our data suggest a novel E<sub>2</sub>-signalling pathway in T cells which is not mediated through the classical nuclear estrogen receptor response but rather through putative plasma membrane receptors for  $E_2$ .

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Key words: Estradiol; Ca<sup>2+</sup>; Estrogen receptor; Membrane receptor; T cell

# 1. Introduction

Estrogens, like other steroids, exert their major long-term effects on cell growth, differentiation, and function through nuclear estrogen receptors (ER), which belong to the steroid receptor superfamily, by activating specific estrogen-responsive genes [1-6]. The ER contains several domains for estrogen binding, nuclear localization, dimerization, DNA binding, and transactivation [7]. However, there is now also increasing evidence for a non-genomic action of steroid hormones including estrogens which is not mediated through the classical nuclear receptor response (for reviews, see e.g. [8,9]). For instance, 17β-estradiol (E<sub>2</sub>) can induce a fast rise in the cytosolic free Ca2+ concentrations [Ca2+]i of different cell types. This rise in [Ca<sup>2+</sup>]; may be due to an influx of extracellular Ca<sup>2+</sup> as in uterine endometrial cells [10], in rat osteoblasts [11], in LNCaP human prostate cancer cells [12], in intestinal mucosal cells [13], and/or due to a mobilization of Ca<sup>2+</sup> from intracellular Ca<sup>2+</sup> stores as in chicken granulosa cells [14] and rat osteoblasts [11]. The intracellular Ca<sup>2+</sup> store involved in this mechanism is the endoplasmic reticulum since E2 enhances the formation of inositol 1,4,5-trisphosphate via the activation of a phospholipase Cβ2 linked to a pertussis-sensitive G-protein [11,15].

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Abbreviations: [Ca<sup>2+</sup>]<sub>i</sub>, intracellular free Ca<sup>2+</sup> concentration; E<sub>2</sub>, 17βestradiol; BSA, bovine serum albumin; EGTA, ethylene glycolbis-(2-aminoethyl ether)-N,N,N',N',-tetraacetic acid; FITC, fluorescein isothiocyanate; ConA, concanavalin A; PE, phycoerythrin

T cells play a central role in the regulation of immune responses and thus the outcome of infectious diseases [16,17]. There is some circumstantial evidence that  $E_2$  is able to affect T cells [16–19]. However, the action of E<sub>2</sub> on T cells is not yet understood. In particular, there is a controversial debate on whether or not T cells contain ER [17]. The current evidence indicates that only T cells of the CD8+ subset contain classical ER whereas CD4+ T cells have no ER [20]. Here, we reveal that T cells of both the CD4+ subset and the CD8<sup>+</sup> subset possess E<sub>2</sub> binding sites on their cell surfaces and that binding of E<sub>2</sub> induces both Ca<sup>2+</sup> influx through Ca<sup>2+</sup> channels and release of Ca<sup>2+</sup> from the endoplasmic reticulum.

#### 2. Materials and methods

#### 2.1. Isolation of T cells

Female mice of the inbred strain C57BL/10 were obtained from our animal facilities. Spleens were aseptically removed and total nucleated spleen cells were isolated as detailed previously [21]. T cells were then prepared using the nylon-wool procedure [22]. These contained about 90–95% Thy1<sup>+</sup> T cells with about 55–60% CD4<sup>+</sup> T cells and about 35–40% CD8<sup>+</sup> T cells as routinely examined by FACScan analysis.

2.2. Determination of  $[Ca^{2+}]_i$  [Ca<sup>2+</sup>]<sub>i</sub> was measured in T cell suspension as detailed previously [19]. In brief, 10<sup>7</sup> T cells/ml were loaded with 3 µM Fura-2/acetoxymethylester (Amersham, Les Ulis, France) at 37°C in HEPES buffer [19]. Aliquots of the loaded cells  $(5 \times 10^6/\text{ml})$  were measured at 37°C in a quartz cuvette placed in a Hitachi F-2000 spectrofluorometer after adding reagents under continuous stirring. E<sub>2</sub> (17β-estradiol), E<sub>2</sub>-BSA (17β-estradiol 6-(O-carboxymethyl)oxime:BSA), nifedipine and tamoxifen were purchased from Sigma (St. Quentin, Fallavier, France). Cell suspensions were excited alternatively at 340 nm and 380 nm and the fluorescence was measured at 510 nm. Graphic representations of [Ca<sup>2+</sup>]<sub>i</sub> were computed using the equation  $[Ca^{2+}]_i = 224 \times (R - R_{min})/(R_{max} - R) \times Sf380/Sb380$  as previously described [23].  $R_{\rm min}$  and  $R_{\rm max}$  were evaluated from measurements using 25  $\mu$ M digitonin, 4 mM EGTA and Tris base to raise the pH to or above 8.3 [24].

### 2.3. Confocal laser scanning microscopy (CLSM)

Intact T cells were diluted to 107 cells/ml in PBS+ (140 mM NaCl, 2.7~mM KCl, 6.4~mM  $Na_2HPO_4\cdot 2H_2O,$  1.4~mM  $KH_2PO_4,$  0.5~mM  $MgCl_2\cdot 6H_2O,$  0.9~mM CaCl $_2,$  pH 7.2). Aliquots of  $150~\mu l$  were centrifuged and the cell pellets labelled with 200 µl of E2-BSA-FITC (17β-estradiol 6-(O-carboxymethyl)oxime:BSA-fluorescein isothiocyanate conjugate) (1.5×10<sup>-5</sup> M; Sigma, Deisenhofen, Germany) for 1 h at room temperature. BSA-FITC was used in corresponding control experiments. For colocalization analysis, the plasma membrane was stained for 15 min with ConA-rhodamine (Vector, Burlingame, CA, USA) at a working dilution of 1:50. After two washes, the cells were fixed in 0.5% paraformaldehyde and allowed to adhere onto polylysine-coated glass coverslips for 15 min, which were then rinsed with PBS<sup>+</sup>. Samples were mounted on microscope slides in a 1:1 (v/v) mixture of glycerol and Vectashield (Vector) containing 2% (w/v) 1,4-diazabicyclo[2,2,2]octane (DABCO, Merck, Darmstadt, Germany). The specimens were analyzed with a Leica confocal laser scanning microscope unit (Leica Lasertechnik, Heidelberg, Germany) mounted on a Zeiss IM 35 microscope (Zeiss, Oberkochen, Germany).

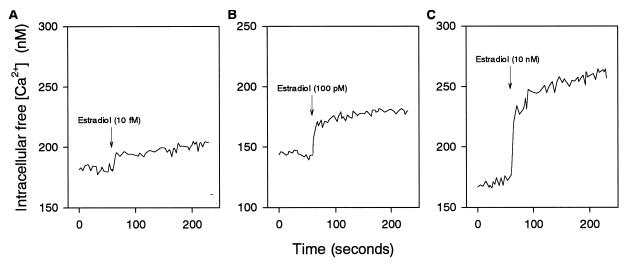


Fig. 1. Action of  $E_2$  on  $[Ca^{2+}]_i$  of T cells. Arrows indicate addition of different  $E_2$  concentrations to T cell suspensions.

FITC and rhodamine fluorescence were excited by the 488 nm argon laser line and the 568 nm krypton laser line, respectively. Z-series optical sections were taken at 0.5  $\mu$ m intervals and evaluated using AVS software (Advanced Visual Systems Inc., Waltham, MA, USA) on an Indigo 2 Unix workstation (Silicon Graphics Inc., Mountain View, CA, USA) as described elsewhere [25].

#### 2.4. Flow cytometry

T cells were labelled with E<sub>2</sub>-BSA-FITC or BSA-FITC as above and with monoclonal antibody to mouse Ly-2 conjugated with phycoerythrin (CD8-PE) (Boehringer, Mannheim, Germany) and antimouse L3T4 PE (CD4-PE) (Becton Dickinson, Heidelberg, Germany) as described previously [21]. Cells were analyzed in a FACScan (Becton Dickinson, Sunnyvale, CA, USA) with a sample size of 10 000 cells gated on the basis of forward and side scatter, and the data were stored and processed using the FACScan software as described previously [21].

#### 3. Results

 $E_2$  induced a rapid increase of  $[Ca^{2+}]_i$  in T cells which always occurred as a prolonged elevation. These  $E_2$  effects were dose-dependent: concentrations as low as 10 fM  $E_2$  induced an increase by about 15–20 nM  $Ca^{2+}$  (Fig. 1A), 0.1 nM  $E_2$ 

raised  $[Ca^{2+}]_i$  by about 30–35 nM (Fig. 1B) and 10 nM  $E_2$  by about 80–90 nM  $Ca^{2+}$  (Fig. 1C). The  $E_2$ -induced increase in  $[Ca^{2+}]_i$  resulted from two mechanisms: the release of  $Ca^{2+}$  from the endoplasmic reticulum and the influx of extracellular  $Ca^{2+}$  through the plasma membrane [19]. The  $Ca^{2+}$  influx is specific, i.e. it is not a simple diffusion, but rather it is channel-mediated. Indeed, the  $E_2$ -induced  $Ca^{2+}$  increase can be gradually decreased and almost completely inhibited with increasing doses of the specific  $Ca^{2+}$  channel blocker  $Ni^{2+}$  (Fig. 2A). Moreover, nifedipine, a blocker of L-type voltage-gated  $Ca^{2+}$  channels, reduced the  $E_2$ -induced  $Ca^{2+}$  influx by about 50% (Fig. 2B). In contrast, depolarization of T cells with high  $K^+$  concentrations did not affect the  $E_2$ -induced  $Ca^{2+}$  influx at all (Fig. 2C).

Preincubation of T cells for 2 h with 0.5  $\mu$ M of the antiestrogen tamoxifen did not prevent the increase in  $[Ca^{2+}]_i$  induced by only 0.1 nM  $E_2$  (Fig. 3A). Moreover, a rise in  $[Ca^{2+}]_i$  could be also induced by  $E_2$  conjugated to bovine serum albumin ( $E_2$ -BSA), which did not enter the cells (Fig. 3B). Subsequent addition of the same concentration of 100 nM  $E_2$ -BSA to the same cell suspension resulted in a higher,

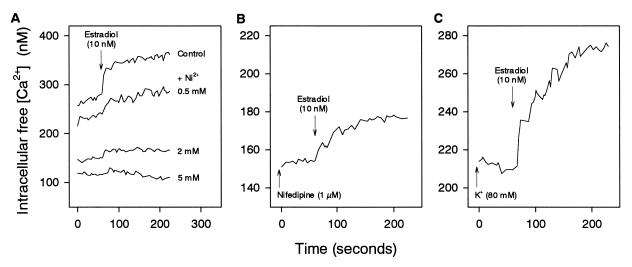


Fig. 2. Effects of different substances on cytosolic free calcium concentration in T cells. A: T cells were incubated for 5 min with various concentrations of  $Ni^{2+}$ , before adding  $E_2$ . B: T cells were incubated for 1.5 min with nifedipine, before addition of  $E_2$ . C: T cells were pretreated for 1 min with KCl before adding  $E_2$ .

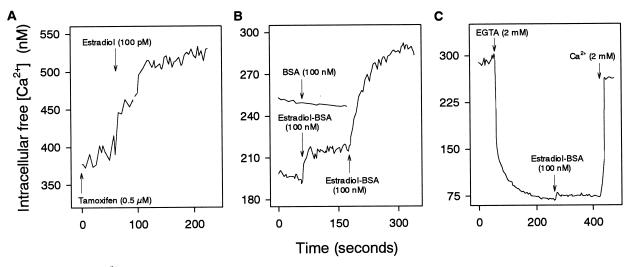


Fig. 3. Action of  $E_2$  on  $[Ca^{2+}]_i$  via non-genomic surface receptors. A: T cells were pretreated with tamoxifen for 4 h before adding  $E_2$ . B: Effects of  $E_2$  conjugated to BSA (estradiol-BSA), and BSA alone on T cells. C: After removal of external  $Ca^{2+}$  by EGTA, estradiol-BSA induces intracellular  $Ca^{2+}$  release in T cells.

i.e. approximately 2–3-fold increase in  $[Ca^{2+}]_i$ . In contrast, BSA without conjugated  $E_2$  had no effect (Fig. 3B). The impermeable  $E_2$ -BSA like unconjugated  $E_2$  [19] increased the  $[Ca^{2+}]_i$  through  $Ca^{2+}$  influx and release from intracellular  $Ca^{2+}$  stores. Indeed, when extracellular  $Ca^{2+}$  was completely removed by EGTA,  $E_2$ -BSA was still able to induce a small increase in  $[Ca^{2+}]_i$  exclusively due to mobilization of intracellular  $Ca^{2+}$  (Fig. 3C).

To test the occurrence of putative receptors on the cell surface, we have used the impeded ligand E<sub>2</sub>-BSA labelled with FITC in confocal laser scanning microscopy. E<sub>2</sub>-BSA-FITC was localized only at the cell surface of T cells (Fig. 4). In control experiments, BSA-FITC did not result in any fluores-

cence at the cell surface. When the cells were stained with ConA-rhodamine, a general marker for the plasma membrane, the fluorescence pattern was identical to that observed with  $E_2$ -BSA-FITC. FACScan analysis showed that binding of  $E_2$ -BSA-FITC occurred on both CD4<sup>+</sup> T cells and CD8<sup>+</sup> T cells (Fig. 5).

The  $E_2$ -induced rise in  $[Ca^{2+}]_i$  obviously had consequences for the responsiveness of T cells to antigens. Stimulation of T cells by the monoclonal anti-CD3 antibody, which binds to the 25 kDa  $\epsilon$  chain of the T cell receptor-associated CD3 complex, caused an immediate rise of  $[Ca^{2+}]_i$  in T cells (Fig. 6A). The profile of the  $[Ca^{2+}]_i$  response to anti-CD3 antibody was modified when T cells were preincubated with  $E_2$  (Fig.

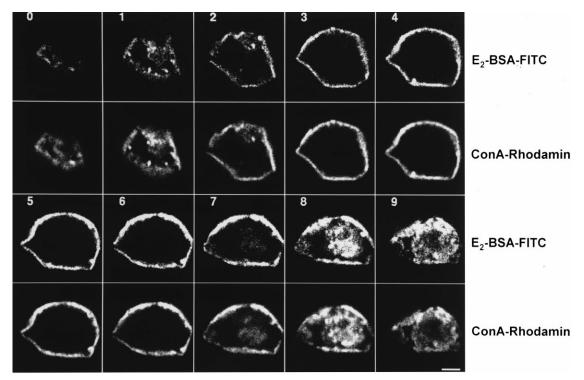


Fig. 4. Corresponding confocal optical slices of a T cell incubated with  $E_2$ -BSA-FITC and ConA-rhodamine. Note the obvious colocalization of the two different fluorescences. Bar indicates 2  $\mu$ m.

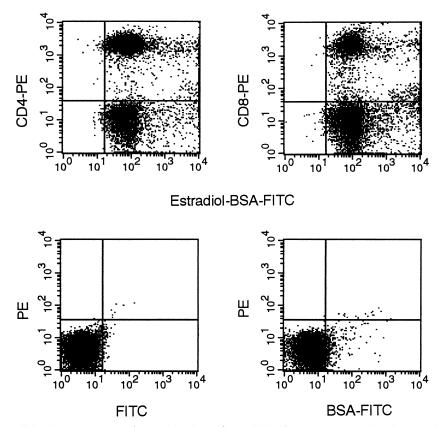


Fig. 5. Localization of estradiol-BSA-FITC on  $CD4^+$  T cells and  $CD8^+$  T cells by flow cytometry. The cells were simultaneouly labelled with estradiol-BSA-FITC and CD4-phycoerythrin (PE) or CD8-PE (upper figures). The lower figures show controls: on the left, red and green fluorescence of T cells incubated only with BSA; on the right, T cells incubated with BSA-FITC.

6B). Specifically, preincubation with 0.1 nM  $E_2$  for 180 s delayed and diminished the slope of the initial  $[Ca^{2+}]_i$  response to anti-CD3 antibody without apparently altering the sustained  $[Ca^{2+}]_i$  plateau phase (Fig. 6A,B).

# 4. Discussion

This study provides evidence that E<sub>2</sub> exerts a direct and immediate effect on T cells. This action does not follow the

classical nuclear ER response but rather is mediated through binding of  $E_2$  to the cell surface. Indeed, the effect of  $E_2$  manifests itself as an increase in  $[Ca^{2+}]_i$  within seconds. Our data further show that this increase is due to both a specific influx of external  $Ca^{2+}$  through  $Ca^{2+}$  channels completely blockable by  $Ni^{2+}$ , and in part by nifedipine, and a release of  $Ca^{2+}$  from intracellular stores. Internal mobilization of  $Ca^{2+}$  appears to be a general mechanism used by  $E_2$  [11,14], while the type of  $Ca^{2+}$  channels involved in the influx of

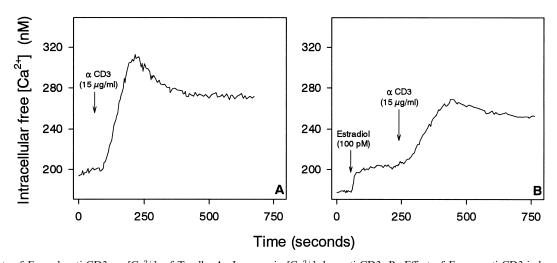


Fig. 6. Effects of  $E_2$  and anti-CD3 on  $[Ca^{2+}]_i$  of T cells. A: Increase in  $[Ca^{2+}]_i$  by anti-CD3. B: Effect of  $E_2$  on anti-CD3-induced increase in  $[Ca^{2+}]_i$ .

extracellular Ca<sup>2+</sup> appears to depend on the cell type: Ni<sup>2+</sup>sensitive Ca<sup>2+</sup> channels in T cells and voltage-gated Ca<sup>2+</sup> channels as in osteoblasts [11].

An increase in  $[Ca^{2+}]_i$  is also induced by  $E_2$ -BSA which is impermeable to the plasma membrane, but acts by the same mechanisms as E2. This indicates that the plasma membrane of T cells contains putative receptors for E2. This view is further substantiated by confocal laser scanning microscopy showing a fluorescent staining at the cell surface with the impeded ligand E2-BSA-FITC. This corroborates recent data obtained in GH3/B6 rat pituitary cells with the same fluorescent estrogen-BSA conjugate [26]. In addition, our FACScan analysis reveals E2 binding sites on the surface of both CD4<sup>+</sup> T cells and CD8<sup>+</sup> T cells. Although only T cells of the CD8<sup>+</sup> subset contain classical ER [17,20], both T cell subsets exhibit putative plasma membrane receptors for E<sub>2</sub>. Moreover, the antiestrogen tamoxifen, which antagonizes estrogen action by inhibiting estradiol-induced activation of genes containing estrogen-responsive elements in their promoters to various extents [27,28], does not prevent the E<sub>2</sub>induced increase in [Ca<sup>2+</sup>]<sub>i</sub> in T cells as in other cells [11,14]. Collectively, our data suggest that the putative plasma membrane receptors for E2 on T cells are not the classical genomic ERs.

T cells also possess unconventional androgen receptors [19]. Binding of testosterone to these receptors increases  $[Ca^{2+}]_i$  only by  $Ca^{2+}$  influx through  $Ca^{2+}$  channels. The present data indicate that the putative membrane receptors for  $E_2$  are not identical to those of testosterone since only  $E_2$  is able to mobilize  $Ca^{2+}$  from the endoplasmic reticulum. Moreover, impermeable  $E_2$ -BSA also mobilizes intracellular  $Ca^{2+}$  from endoplasmic reticulum. This suggests that the putative plasma membrane receptors for  $E_2$  on T cells are coupled to an intracellular signalling pathway, which remains to be elucidated. In this context, it is noteworthy that the multiple second messenger  $Ca^{2+}$  is known to change gene expression via both  $Ca^{2+}$ -responsive elements and negative  $Ca^{2+}$ -responsive elements in gene promoters as well as via  $Ca^{2+}$ -sensitive transcription factors [29].

Finally, our data indicate that binding of E<sub>2</sub> to the surface interferes with the responsiveness of T cells to antigenic stimulation with anti-CD3. It remains to be seen in how far this contributes to E<sub>2</sub>-sensitive immune responses and outcome of infectious diseases [15–17].

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